

Elementary Indoor/Outdoor Recess Policy

The following directive uses Canada's Wind Chill Index as a guide to determine when students should be permitted outside for recess breaks. We will use the temperature and Wind Chill Index as reported on the Environment Canada website: https://weather.gc.ca/city/pages/sk-32_metric_e.html

Policy:

1. If the wind chill index indicates a temperature which "feels like" -28 degrees or warmer, outdoor recess shall be conducted as per usual.
2. If the wind chill index indicates a temperature which "feels like" -29 or colder, the Principal or designate shall call indoor recess.
3. When indoor recess is called, *RCS Polar Bear Club* may be conducted at the lunch-hour recess if the wind chill index is between -29 and -35.
4. When the wind chill index indicates a temperature of -35 or colder, there shall be neither outdoor recess nor *Polar Bear Club*.
5. Parents will be advised that if their child is too sick to go outside, they are too sick to be at school.
6. In all decisions, the decision of the Principal or designate shall prevail.

Polar Bear Club Guidelines:

- This opportunity is meant for the lunch-hour recess only.
- An RCS teacher must be available to supervise students outdoors.
- Students must be in close proximity to the supervising teacher. (i.e.: a smaller designated area)
- If a child wishes to go outside and has a **toque** (not a headband or earmuffs), **winter mitts/gloves** (no magic mitts), **ski pants** and **boots** they will be able to join.
- The supervising teacher may send students inside whom they deem to be not adequately dressed/prepared for outdoor play.
- The supervising teacher will determine the length of time actually spent outdoors, within the limits of the standard recess minutes, shortening as they deem necessary.